



BROKEN SPINDLES

inside/absent

I wrote most of this record while on tour in the U.S. and Europe with The Faint and Beep Beep, sketching out ideas on my laptop after shows and before sound checks.

Touring with a band, most of what you do is for the greater good of the group, so personal lives tend to take a back seat. How I went about writing *inside/absent* was probably a reaction to that. I decided early on not to let anyone hear any of it until it was done. Relying totally on my own ideas - not having anyone else's outside opinion or influence - was a way of keeping a part of myself going.

I think it was because of that separation from other people's input that the writing style shifted. I found myself keeping things a little more elemental; steering away from programming, opting for sparser percussion, and keeping instrumentation as minimal as songs could take. The lyrics became a lot more direct, and the vocal style kind of followed suit. It just didn't seem appropriate to layer these things that were said in pretty bare, straightforward terms with a ton of effects.

When the time came to record, I was the only person who really knew the album I wanted to make, so that process changed, too. On past records, I've always sketched out ideas and then worked to develop them in the studio with another producer/engineer. This time, it made the most sense to refine, record, and mix at home.

Writing *inside/absent*, I think I was hearing and experiencing a lot of outside art and music that made no emotional impression on me. I guess I wanted to at least make myself feel something through music, and it seemed that the best way to do that was just to be as real and honest as possible.



broken spindles
inside/absent

SCE82CD/LP (180 Gram Vinyl)
22 AUGUST 2005

Track Listing

1. inward
2. this is an introduction
3. burn my body
4. please don't remember this
5. desaturated
6. birthday
7. the distance is nearsighted
8. valentine
9. anniversary
10. painted boy face

Radio Promotion

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cd upc



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